## **MOVE PRO** JUMPING RIDER DAILY ROUTINE HELP

### JUMP TRAJECTORIES Observe the real jump trajectories your horse did to explain faults and/or identify the best ones. **GPS PATH MAPPING** Watch the exact path of your course. Thanks to this feature you will be able to see if your have been rigourous and consistent in your trace.

#### STOOD OUT JUMP Alogo highlights and compares the most unusual jump with your average jump trajectory (in the same session). Check easily what are the differences

#### JUMP REGULARITY

Routine your horses to repeat their jumps on same height obstacles.

#### LONGITUDINAL BALANCE (PITCH)

between these two to perform.

Improve your horse longitudinal balance during flatwork sessions. Values should be slightly >0° "back" to have a great longitudinal equilibirum (= horse on his hips).

0°

#### **STRAIGHTNESS (YAW)**

Your rectitude has to be the closest to 0° so that your 0° horse is straight in his gaits. Jumping horses needs to be straight to jump in order to push on their 2 sides the same way during the different jump phases.

#### LATERAL BALANCE (ROLL)

Correct your balance left/right on your horse so as not 0° to disturb his lateral balance and thus be efficient in your work on each rein.

#### **STRIDE LENGTH, HEIGHT & CADENCE**

Train your horses on poles & cavalettis exercices with different rhythm to better apprehend the difficulties required in competition, in particular for the jump-off.

2m80 15 cm 95/strides min







## HOW?

Click on the Jump Analysis card.

Click on the Path Mapping card.

Look at the Jump Analysis card.

≤ 70%

## **INDICATOR** WHY USE IT?

DNIdWD

# OUTRIDING

# 0000000

SPEED

Monitor your pace in real time and learn more about your average speed at each gait on Alogo's App.

#### ENERGY

Have an idea of your horse's energy consumption for every efforts he did in order to adapt the intensity of your sessions. It's a great feature to know if your horse is in shape for an event and/or if he has progressed.

Showjumping

~ 350 m/min

#### ~ 400 KCAL Jumping course

#### DISTANCE

Set a distance goal to train the resistance and the fitness of your horse. You can also correlate this feature with speed or energy spent during the session, to plan accurate trainings for each horse to make them progress efficiently.

5km / 45 min

## TAKE YOUR HORSE TO THE NEXT LEVEL



Find out more about the features on our blog https://blog.alogo.io

