## MOVEPRO <br> JUMPING RIDER DAILY ROUTINE HELP

## INDICATOR

## WHY USE IT?

## JUMP TRAJECTORIES

Observe the real jump trajectories your horse did to explain faults and/or identify the best ones.

## GPS PATH MAPPING

Watch the exact path of your course.
Thanks to this feature you will be able to see if your have been rigourous and consistent in your trace.

STOOD OUT JUMP
Alogo highlights and compares the most unusual jump with your average jump trajectory (in the same session). Check easily what are the differences between these two to perform.

## JUMP REGULARITY

Routine your horses to repeat their jumps on same height obstacles.

## HOW?

Click
on the Jump
Analysis card.

Click on the
Path Mapping card.

Look
at the Jump
Analysis card.
$\leq 70 \%$

## LONGITUDINAL BALANCE (PITCH)

Improve your horse longitudinal balance during flatwork sessions. Values should be slightly $>0^{\circ}$
"back" to have a great longitudinal equilibirum (= horse on his hips).


STRAIGHTNESS (YAW)
Your rectitude has to be the closest to $0^{\circ}$ so that your horse is straight in his gaits. Jumping horses needs to be straight to jump in order to push on their 2 sides the same way during the different jump phases.

## LATERAL BALANCE (ROLL)

Correct your balance left/right on your horse so as not to disturb his lateral balance and thus be efficient in your work on each rein.

## STRIDE LENGTH, HEIGHT \& CADENCE

Train your horses on poles \& cavalettis exercices with different rhythm to better apprehend the difficulties required in competition, in particular for the jump-off.


## TAKE YOUR HORSE TO THE NEXT LEVEL



